Communicating with Teens Course

• influence your teenager’s behaviour
• understand the stages of development of teenagers
• feel more comfortable with your teenager’s highs and lows
• keep lines of communication open between you and your teenager
• cope with your own and your teenager’s anger in a constructive way
• learn how to get your point across and also listen to your teenager’s point of view
• learn how to resolve “issues” between your teenager and yourself and still keep the relationship intact
• ……. plus more ideas on how to build relationships - what works and what doesn’t work!

COURSE VENUE: CHATSWOOD 5wks/2.5hrs
When: Wednesday, 1st June, 2011 (7.00pm - 9.30pm)
COST: $150 per person Concession: $125 per person

Dealing With Teen’s Back Chat Workshop

VENUE: CHATSWOOD
When: Wednesday, 25th May, 2011 - 7.00pm – 9.30pm - $40 per person

Triple P (PPP) Teens Seminar Series
available on request – to organise these or for details of Workshops/Seminars scheduled for this term, phone 9887-5830

Enquiries: Child & Adolescent Parenting - 9887 5830