An Inspirational Short Story - The Wise Woman (Author Unknown)
A wise woman who was travelling in the mountains found a precious stone in a stream. The next day she met another traveller who was hungry, and the wise woman opened her bag to share her food. The hungry traveller saw the precious stone and asked the woman to give it to him. She did so without hesitation. The traveller left, rejoicing in his good fortune. He knew the stone was worth enough to give him security for a lifetime. But, a few days later, he came back to return the stone to the wise woman.

"I’ve been thinking," he said. “I know how valuable this stone is, but I give it back in the hope that you can give me something even more precious. Give me what you have within you that enabled you to give me this stone.”

Sometimes it’s not the wealth you have - but - what’s inside you that others need.

After 26 Years …

Today at Morning Briefing, the MSCW staff was joined by Sister Carmel SM, in her capacity as the Assistant Sector Leader of the Marist Sisters in Australia. The reason for Sister Carmel’s visit was to inform us that as from the beginning of 2011, Sister Fidelis will be retiring as Principal of the College.

In her twenty-six years as Principal, Sister Fidelis has lead this College through remarkable periods of growth in all sorts of ways, and throughout, the constant has been her commitment as Marist. We appreciate her great leadership - not only with reference to all of the things that she has done for MSCW, but particularly to the way in which she has done them.

‘Great’ is a word away from which Sister Fidelis would shy, so let us say that in considering ‘To Be Great, Be Entire’ from the Portuguese poet, Fernando Pessoa, we acknowledge that he could very well have had her in mind when he wrote:

To be great, be entire:
Of what is yours nothing
Exaggerate or exclude
Be whole in each thing.
Put all that you are into the least that you do
Like that on each place the whole moon
Shines for she lives aloft.

Singing Her Way to Hobart

Congratulations to Melanie Carnaffan (Yr9 MAR 311) who left Sydney last Friday to tour with the Australian Girls Choir. She is a member of the second most senior level, Camerata and has been in the choir since she was 10 years old.

The choir trains more than three and a half thousand girls in drama, song and dance and has performed for the Dalai Lama, the Pope, Nelson Mandela and alongside Andre Rieu on his last Australian tour, but the girls acknowledge their part in Hugh Jackman’s ‘Boy From Oz’ performance was pretty special.

Kicking off their national tour in Canberra, the girls perfomed some pieces from their expansive repertoire on ABC Canberra radio (pictured above). After Canberra they travel through the South Coast of NSW, regional Tasmania and wind up in Hobart.

Well done Melanie, we wish you all the best on your tour.

The staff of Marist Sisters' College take this opportunity to wish our families a very safe and happy holiday.
CSDA Debating 2010 - Year 7 keep on winning!
The quarter finals and semi-finals of the Sydney Metropolitan Debating Competition have taken place over the last two Fridays. On Friday 18th June, our senior open (Grace Field, Sarah Jenna and Elizabeth Evans) and senior year 11 (Charlotte Handford, Melanie Leahy, Clodagh O’Doherty and Bridget Masters) teams competed in the quarter finals against St Patrick’s College, Strathfield and St Scholastica’s College, Glebe, respectively. Sadly, both senior teams were defeated in the quarter finals as they both argued the negative side of the topic ‘That our leaders have lost their way’. Our Year 7 team debated against Mount St Benedict College, Pennant Hills. They defeated MSB, earning themselves a place in the semi-finals.
The semi-finals, held at Santa Sabina College, Strathfield last Friday saw the Year 7 team (Elizabeth Kalotay, Antonia Minutolo and Daniella Foley) debate against St Patrick’s College, Strathfield. In what was a brilliant debate on the topic ‘That Australia is too influenced by America’, the 7B team argued the negative side successfully to win their way to the grand final!
The Grand Final will be held on Friday 23rd July at Our Lady of Mercy College, Parramatta. The Debate will commence at 7:30pm and everyone in the College community is invited to attend.

Senior Jazz Band Workshop with John Morrison
On Friday 18th June, the Senior Jazz Band had a special jazz workshop with top Australian jazz drummer, John Morrison. This was our part of the prize from the 2009 NSW School Band Festival, where we won the Band Development Award.
Mr Morrison brought a wealth of musical experience as well as stories from his years playing jazz. He really helped the band develop their material for this year’s school band festival, working to unify the rhythm section, help the drums to shape the form of the music, improve our jazz articulation and develop our improvising. He was also very encouraging and the girls left the workshop full of musical energy and enthusiasm.

Marist Service to the Community
One Saturday in May Meg Brown (MAR 311), Alexandra Webb (COL 422), Georgina Scott (COL 431) and Juliette Bagwell (JAR J2) helped out on a fundraising BBQ for Epping-Eastwood Lions Club as part of their Year 7 community service commitment.
The President, Mr Malcolm Ellis, was so taken with our girls and he writes: “We were very impressed by their attitudes, manners and general behaviour. We thoroughly enjoyed their company and appreciated their efforts. They are a credit to themselves and to your school.”
Well done girls, we are proud of you.

LEARNING MATTERS AT MSCW - A FEW WORDS FOR THE CLASS OF 2010
In one hundred and fourteen days or so, the written components of the 2010 HSC begin – plenty of time for the Class of 2010 to organise, prepare, learn, sort, submit and perhaps have the slightest of a little panic.

In study meetings, girls have been presented with a message that has become a mantra for some: the more efficiently you deal with information in an effort to store it in your long-term memory, the more efficiently you will be able to retrieve it for assessment tasks or examinations. This notion is well-supported by contemporary global research, and a considerable number of our girls have accepted its worth. This notion runs contrary to printing pages from the Internet and filing them in nicely ordered folders, highlighting – even using varied colours - almost every word on a page, or paraphrasing slabs of other people’s work. These are things you can do to while away the time, but they do not really rate as ‘study’. Let’s consider three things at this time.
First, do get organised. The next two weeks would be a good time to have an honest appraisal of how you use your time, and where you do your work. If changes need to be made, make them.
Second, ignore the Glossary of Terms and the Standards Packages at your peril.
Third, practise a selection of strategies for dealing with the information you have collected. Strategies such as the KWL, the Decision Making matrix, concept maps and mind maps would do for starters. If you would like me to send you templates and information on these, send me an email.
And, most importantly, remember that you can book a tutorial time with me if you think that would be helpful. Going on the experience this term in particular, you are urged not to leave it too late to do this because follow-up meetings have proved to be beneficial, and the time slots fill up fairly quickly.
All the best for the next 14 days – get things happening properly, and the following 100 days will be such fun!
Looking after that little bundle of joy...

As part of our course work, Year 12 CAFS classes undertook the task of being a parent to “Baby Borns” and eggs for a week. This task taught us what it is like to be a parent/carer and the responsibilities it entailed.

This task required us to act as a young mother, to treat our baby like it was real. This meant that we could not leave our baby or egg alone, had to change it, feed it, care for it and record the details. It was a challenge having to juggle our babies while taking them to school and also to places outside school. We also had to deal with the prejudice we received from the bus drivers and other members of the public. We received many judging looks which at times was embarrassing. We learnt about the societal prejudices that young mothers face.

Some girls didn’t feel comfortable carrying around a baby and so decided to care for an egg! It was a very interesting experience as the egg was so different to carrying around a baby. There was the added responsibility of not breaking it! At the end of the week, we gave it a beautiful, EGGEceptional ceremony in which we said goodbye. It was a good way to end this fun experience.

The task, although challenging, was very rewarding and we appreciate the effort that goes into parent and caring.

Ms Kemp and Ms Mostyns’ CAFS class

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HAPPY HOLIDAY READING
Principal’s Year 7 Reading

Challenge

Year 7 girls are five months into their Principal’s Reading Challenge with five months to the finishing date of 1st December. The challenge is to read twenty books from the MSCW Library Collection. A girl may negotiate some choices with her teacher that are not from MSCW but are suitable to the girl or could be suggested as a new book for the MSCW Collection. Up to four books from a series may be included and girls are encouraged to try reading different authors, genres and topics as well as some of their favourite preferences. Girls are recording their books and ratings in the logs kept with their English teachers. In addition, as members of the MyClasses Information Services group, each girl can add comments about her reading in the appropriate forum. Year 7 English teachers and the Librarians encourage all girls to be consistent in their reading, especially making use of the holiday period.

Photo: Members of Mrs Kalmus’s 7A English class reading in Jarnosse.

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Year 7 Presentation Day

We would like to extend a big thank you to staff, parents and primary school girls who attended our Year 7 presentation day. MSCW girls presented their story books, robots, toys and artwork, showcasing the wonderful outcomes of Semester 1 with the WILL program. Our girls were complimented not only on their presentations but also their manner, generosity of spirit and hospitality. Congratulations to Year 7 for your contribution to a wonderful day had by all.

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Year 10 Spirituality Day

On Monday 28th June, Year 10 went to Holy Cross College for a combined Spirituality Day. The theme of the day was “Life’s Journey”. When we arrived at the College we went to the hall where we were greeted by the Year 10 Holy Cross students. Throughout the day we took part in many discussions and activities relating to our goals and ambitions, what lies ahead for us, how we should treat and relate to each other and, first and for most, how to treat ourselves. We all gained a lot from the activities and enjoyed the day. Thank you to Mrs Fisher and the staff who supervised and organised the day.

Georgia Green (CHV 335) and Alexandra Beard (CHN 132)

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HAPPY HOLIDAY READING
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DUTY GIRL ROSTER
COMMENCING TERM 3 - MONDAY 19TH JULY 2010

<table>
<thead>
<tr>
<th>Day</th>
<th>Girls</th>
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<tbody>
<tr>
<td>Monday</td>
<td>Madeline Byrne and Annalisa Durkin</td>
</tr>
<tr>
<td>Tuesday</td>
<td>Emma Byrne and Amelia Dyer</td>
</tr>
<tr>
<td>Wednesday</td>
<td>Louisa Carmody and Eve Dyson</td>
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<tr>
<td>Thursday</td>
<td>Tiana Carnemolla and Nicole Elias</td>
</tr>
<tr>
<td>Friday</td>
<td>Angelina Carrozzi and Ashleigh Fayad</td>
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Girls report to Reception by 8:50 am

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Member of Association of Marist Schools of Australia and Alliance of Girls’ Schools
Not to be outdone by other sport, netball has added to previous Marist Sisters’ College success!

We have taken out all four titles in the MCCS Netball Grand Finals. An excellent effort and a pleasant and proud day for all players and supporters.

Year 10s, being their final year together and who have gone undefeated in FOUR years of playing together, won convincingly against Trinity College 58-18. Not only an exceptional win, but a very talented, skilled team and a pleasure to watch.

Year 9s had a harder battle against Terra Sancta with a 22-20 victory. While very stressful for all supporters, the girls’ team commitment and determination shone through with a well deserved win.

The Year 8s also had a fantastic win against Terra Sancta. They showed amazing control from the first whistle and played a consistent and skilled game. A great team effort with the result being a well deserved 35-17.

Our Year 7s also showed that the netball future of Marist Sisters’ College is in excellent hands. They not only had to play the Grand Finals but also the Semis on the same day. Due to a hiccup in the draw from the week before, we eventually met our worthy opponents, St Patrick’s Marist College, Dundas in the Grand Finals. This was a true testament to both team’s netball ability and skill. Our girls showed amazing dedication and commitment, working together and backing each other up in all quarters. A well deserved 35-17 victory against St Patrick’s and the smiles said it all.

Well done to all girls and we look forward to another successful season next year.

A very proud Mrs Patricia Cura, Ms Renee Delaney and Liz Constanton

Sailing News

Thank you to everyone who has forwarded expressions of support about the boatshed. We will keep you informed when more is known about the way forward. Next term we will ask for the ‘Friends of Marist Sisters’ Sailing Committee’ to be reformed.

Two weeks before the fire I was at the North Ryde tip and was able to rescue (I thought) two big teddy bears, one golden in colour we called Honey and the other just called Brown Bear. Unfortunately giving them a home in our boatshed was not the best thing to do.

On Saturday morning before the fire I was in the supermarket and for the first time ever I thought that the purchase of LONG LIFE milk would be a good idea as it lasts for up to nine months. Well, it only lasted a day and a half!

We wish Alex South the very best for the Laser World Championship in Turkey. This is Alex’s third world championship in Lasers representing Australia – Go Alex, go!!

Happy holiday to all our sailors

Mr Maloney (9879 6935, 0415 219 112)

ULTIMATE FRISBEE CHAMPIONSHIPS

On Wednesday 16th June, the Marist Sisters’ College Ultimate Frisbee team travelled to Killara to compete in the NSW High Schools Championships (Northern Zone).

Playing in Division A, the girls had tough games against Sydney Girls High and Henry Kendall High, narrowly losing by 4 points and 1 point respectively. In the third game against North Sydney Girls, Woolwich dominated from the start, passing with finesse and displaying better agility in attack and defence, eventually winning 9-7.

In game 4 against Chatswood High, the Woolwich girls ran on to the field full of confidence from the previous win. With sustained effort, MSCW ran away with the match to convincingly defeat Chatswood 11-6.

Unfortunately, the team missed out on playing the semi-finals on a ‘count-back’. In the last game of the day, the Woolwich girls outclassed Galston High to be placed 5th overall at the championships.

Well done girls!

Team members: Madeline Dimech, Jessica Cumberland, Nicole Ransom, Ashley Trenamen, Elisha Coster, Lauren Wilson, Emma Unwin, Kate Young, Pacepa Morell and Mia Page.
**Touch Football**

**CGSSSA**

Woolwich sent a junior and a senior team to compete in the CGSSSA carnival and had a very successful day. The seniors had a very tough pool and made it to the quarter finals with three wins, one draw and a loss. They played a solid brand of football and showed a strong defence conceding only 4 tries and scoring 13 tries. Unfortunately the girls went down to Parramatta who were the eventual winners of the tournament. To their credit the girls scored three tries against Parramatta, which was the highest score against them all day. We would like to say a special thank you to our year 12 girls who played their last game of touch for the College and who have been in the side since year 7. Thanks to Maddie Gibb, Dominique Fuda, Simone Papas, Katherine Cossyvas and Jackie McGregor.

The juniors had a great tournament raising the winner’s trophy by the end of the day. Their play was outstanding, getting better as the day wore on and, considering that there were three new year 7 girls in the side, it was a pleasing effort. The team’s for and against was remarkable as they scored many tries and relinquished precious few. To win this tournament is very prestigious as we competed against some 20 schools. Needless to say their coach Mr Wilson was very proud of the girls.

The day was capped off with six Woolwich girls making the CGSSSA rep side to compete in the CCC championships in Wagga Wagga.

Congratulations to Dominique Fuda, Simone Papas, Chelsea Ross, Samantha Rodgers, Laara Lewis and Kate Young.

**CCC Tournament**

The Woolwich girls boarded the bus on 3rd June ready for the long journey to Wagga Wagga armed with iPods, pillows and blankets. We arrived around 4pm, booked into our motel and headed straight to the oval for a light training session before returning to The Best Western for a warm shower and preparing for dinner. We awoke to a beautiful sunny day (while Sydney was experiencing a tempest) and boarded the bus headed for the fields.

The senior girls began the day with a one nil loss to Maitland who eventually played off in the grand final. This loss put pressure on them for the rest of the day, but the girls rallied and produced three great wins and a draw. Alas, just missing out on the semi finals by a point. Our girls played extremely well with Dom driving many a tough meter up the middle, Sim showing sharp ball skills and Chelsea flying down the sideline. All three were a credit to their team and their school.

The juniors had a brilliant tournament going through to the grand final undefeated, racking up some impressive scores along the way. Laara made many a drive into the opposition, while Kate made herself available all over the park and Sam tore the opposition to shreds with her blistering pace. At the end of a long day the juniors were unlucky to go down in the final, but played a great brand of football.

Huge accolades must go to Samantha Rodgers as she was selected into the CCC State side - a very prestigious honour. I would like to congratulate all our girls who were perfect ambassadors for the College, the sport and their families.

Well done!

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**2ND OVERALL**

Congratulations to the 25 gymnasts who represented MSCW in the CGSSSA Championships earlier this month. For the fourth consecutive year, Woolwich placed 2nd overall, a fantastic result. The team trained extremely hard during Term 1 and 2 during their Thursday sport time and learnt new routines and perfected skills on floor, bars, beam and vault.

Congratulations to the following girls who gained individual places:

- **Level 1**
  - Clementine Wilkie - 2nd floor
  - Kate Beverley - 3rd vault, 3rd beam, 4th overall

- **Level 2**
  - Melissa Prusciuno - 1st floor, 5th overall
  - Brooke Coster - 3rd floor, 6th overall

- **Level 4**
  - Alexandra Der - 3rd beam, 3rd floor

- **Level 5**
  - Megan Seve - 2nd floor
  - Beth Thom - 3rd bars, 2nd beam, 2nd floor, 2nd overall

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**DATES TO REMEMBER**

<table>
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<tr>
<th>Date</th>
<th>Event</th>
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| 2nd July | AMSA Netball  
| TERM 2 ENDS |
| 19th July | TERM 3 BEGINS  
| STAFF AND GIRLS RETURN |
| 22nd July | JARICOT FEAST DAY  
| Yr 12 Music Concert at lunchtime |
| 25th July | Senior Jazz Band perform at the NSW School Bands Festival |
| 26th July | JARICOT fundraising week |
| 27th July | DRAMA TRIALS  
| P & F Meeting |
| 28th July | US Ambassadors day visit |
| 30th July | MUSIC TRIALS |

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**Healthy Kids, Healthy Families, Healthy Fundraising**

Would you like to support Aussie Farmers and the School? One of our generous sponsors of the Trivia Night, Aussie Farmers Direct, is offering MSCW families farm fresh produce delivered to your door with a cash-back to the school for every dollar spent!!! Please see the flyer attached with the Newsletter for details on how you can participate.

Daniela Sigglekow, P&F fundraising coordinator
CAREERS

- The Puggy Hunter Memorial Scholarship provides financial assistance to Aboriginal and Torres Strait Islander people who will be studying at TAFE (Certificate IV and above) or University in the areas of
  - Aboriginal health worker
  - Alcohol and other drug workers
  - Allied Health (excluding pharmacy)
  - Dentistry/oral health
  - Health service management
  - Health promotion
  - Medicine
  - Mental health
  - Midwifery
  - Nursing

Applications are now open and forms can be downloaded from www.rcna.org.au. Applications close on 20th August. Scholarship selection will be based on addressing the criteria:
- How the applicant became interested in a career in health
- Their commitment to becoming a health professional
- Their ambition as a health professional in the next 5-10 years.

- CATC Design School is holding their Open Day on Saturday 24th July 10:30am–2:30pm, 1-5 Hickson Road, The Rocks. Register to attend at www.catc.edu.au/syd.
- The Australian National College of Beauty Sydney Campus is based at 57 Foveaux Street, Surry Hills, near Central Station. For information on courses visit the website www.ancb.edu.au. The Australasian College of Natural Therapies is also based at the same address. For course information visit the website www.acnt.edu.au.
- APM College is offering two Business Skills seminars which run 10am-2pm Tuesday 13th July – Influencing Skills and Tuesday 28th September – Women in Business. To register your attendance contact APM on 1300 880 610. The college website is www.apm.edu.au.
- Have you ever wondered what Hotel Managers, Event Managers, Resort Managers, Tourism Managers, Head Chefs or Business Managers do? William Blue College of Hospitality Management offer a ‘Day in the Life’ experience to find out. This experience is available Thursday 15th July and Monday 27th September 10am-4pm. To register your attendance visit the website www.williamblue.edu.au or call 1300 851 237.

- Term 3 is decision time for Year 12. The girls need to be thinking over these holidays about where they want to go for 2011. Study at University, TAFE or College, Gap year opportunities or learning in the workforce. Course information for 2011 is now available for the Private Colleges. Information about TAFE courses for 2011 will be available from about August on the TAFE website. Some courses require an application form and this will need to be completed and submitted by the end of Term 3. All other TAFE courses require enrolment in January 2011. I will be holding an information session on TAFE applications once the 2011 information is available. The University Admission Centre booklets on all courses in all public Universities in NSW and ACT will be sent to schools in August. Application for University is online. I will be holding an information session on the University application process for Year 12 once the books arrive. Notre Dame is a separate application process direct to the University.
- The girls considering a Gap Year need to be aware that if they are thinking of going to University after the Gap Year they can apply this year and then defer their place to 2012. TAFE and Private Colleges do not offer this option. They allow you to enrol only for the year you are planning to attend. Hopefully the girls have been doing their research and are ready to make some commitment for 2011. I will be endeavouring to talk to each of them to help them sort out their decision making.

On 29th July there will be a small careers market here at school during lunchtime where they will have an opportunity to talk to and gather information from, a number of Colleges and Universities. All this will help in the final decision making.

Mrs Smith, Careers Advisor

Principal’s Awards

Congratulations to the following girls …

For ENGLISH: R.Frisson (Marcellin), S.McClelland (Colin), M.Rizk (Chanel), J.Stillone (Jaricot), N.Wakeham (Colin), A.Bead (Chanel), N.Birbara (Marcellin), S.Higgs (Jaricot), J.Miller (Marcellin), A.Moliterno (Perroton), A.Ransom (Jaricot), M.Rapisarda (Colin)

For MUSIC: A.Barsoum (Chanel), C.Brownlee (Chavoin), E.Cree (Perroton), K.Daher (Marcellin), J.Lancuba (Jaricot), A.But (Chavoin), M.Ceron Monteale (Marcellin), C.Diggins (Marcellin), D.Edwards (Marcellin), Y.Laferla (Perroton), R.Mulligan (Perroton), N.Nisbet (Chanel), G.Olivieri (Colin), T.Tizzone (Chanel), T.Burns (Chavoin), C.Cimiliio (Chavoin), T.Coleman (Perroton), S.Furlan (Jaricot), D.Genua (Marcellin), H.Gray (Perroton), L.Kalina (Chanel), K.McGregor (Jaricot), K.Ozawa (Marcellin), D.Scibilio (Chavoin), E.Wallace (Chavoin), A.Webb (Colin), J.Johnson (Perroton), S.Kayama (Chavoin), E.Lorizio (Perroton), M.Majstorovic (Jaricot), N.McConnell (Jaricot), C.Patterson (Jaricot), S.Ramos (Colin), C.Sabat (Chavoin), M.Seve (Marcellin), C.Sinclair (Jaricot), A.Williams (Jaricot).

For FOOD TECHNOLOGY: S.Russo (Marcellin), N.Shearer (Perroton), T.Distin (Perroton), K.McGill (Chavoin).

For ITALIAN: M.Mazar (Marcellin).

For JAPANESE: A.Chan (Marcellin), N.Djaja (Chanel), A.Unsworth (Chavoin), K.Beverley (Chanel), K.Biljuh (Jaricot), C.Dinale (Colin), N.Birbara (Marcellin), S.Higgs (Jaricot), J.Miller (Marcellin), A.Moliterno (Perroton), A.Ransom (Jaricot), M.Rapisarda (Colin), S.Higgs (Jaricot), J.Miller (Marcellin), A.Moliterno (Perroton), A.Ransom (Jaricot), M.Rapisarda (Colin), C.Scotland (Perroton), G.Songco (Colin), S.Woodbridge (Colin), C.Abdallah (Perroton), L.Burt (Colin), T.Chetty (Jaricot), W.Enright (Jaricot), H.Fishburn (Chanel), C.Kelly (Chanel), L.Kcough (Marcellin), M.Mazar (Marcellin), M.Romanes (Marcellin), L.Sherry (Colin), E.Sigglekow (Perroton), M.Stambolis (Jaricot), K.Teen (Chavoin), A.Wolfswinkel (Chanel).