Letting go …

When days are cold and not what you ordered … let go
When children fight and you harbour their hurts … let go
When tasks call out to be attended to immediately and you feel the pressure … let go
When things become larger than people … let go
When time is consumed by many distractions … let go
When anger commands a big portion of attention … let go
When weeping over the past causes constant grief … let go
When it is impossible to believe one can start again … let go
When blockades are in place to keep people our … let go
When tired and weary because of worry … let go
When obsessed with perfection … let go
When focussed on molehills … let go
When God is no longer at the centre of the heart …
Take time out … and …
Let go of all of the above …

What do I find hard to let go of?

What devours my time?

(Source: Prayers and Reflections by Rachelle Tullio)

The Elements were the Least of Our Worries …

MSCW AFL 2 x 2 - Woolwich win both Junior and Intermediate Championships for the second year running!

The biting wind howled in from the north. The elements were to be the least of our worries. MCCS AFL Grand Final day 2010 was going to be a contest. A dogfight. War in the trenches. It was always going to be that way, for our opponents would be the mighty Trinity Catholic College. Formidable opponents that had left us battered and bruised after our first encounter during the regular season. The quest for back-to-back championships was destined to be a fight to the bitter end.

It didn’t matter that Trinity’s battle-hardened girls were red-hot favourites with the bookies and the media. It counted for little once the hooter sounded and the Woolwich spirit was unleashed.

The next 15 minutes saw collision after collision, tackle after tackle. First points to Trinity. Would the game plan work by forcing the quick and agile Nicole Ransom and Elisha Coster to play a defensive role to assist the backs in shutting down the Trinity forwards? At first, it wasn’t going to plan tactically. However, Woolwich did the job on character alone. A simple will to win. To find a way to succeed when fate, it seemed, was determined to deny them. At the break, Woolwich was down by only one point, 8 to 7. (continued on page 2)
Building our schools for the future

Building the Education Revolution program has injected significant capital resources into primary level education and our communities are very appreciative.

The move towards an Australian curriculum is proceeding rapidly.

The Catholic education sector, particularly parents, needs to be aware of the support and changes happening in education now.

Council of Catholic School Parents
Advocacy and Support for all parents
www.ccsp.catholic.edu.au No. 8

Debating
Good wishes for Debating Quarter Finals tonight. Girls from year 7, 11 and 12 will be debating tonight at St Pius X College, Chatswood. We wish them success.

Venues for upcoming debates
* Semi Finals (Friday 25th June)
  St Patrick’s College, Strathfield
* Grand Final (Friday 23rd July)
  Our Lady of Mercy College, Parramatta

They did it despite losing key forward Carla Canini who was taken out by Maddy Paslis (her own team mate) during the warm-up.

At half time, Alisha Bass was moved into the midfield role. Celine Basha and Holly Brodie were moved to the backline. The team talk was simple. Continue to tackle, run the ball and don’t give up. Only 15 minutes to go.

The changes for Woolwich proved to be good ones. A quick behind tied the game. Now the test would begin. It became a war of attrition. Grazed knees, corked thighs, rolled ankles. Nevertheless with battered and bruised bodies the goals kept coming for Woolwich off the back of the superb defensive effort shown by the entire team. A defensive effort that would prove to be the decisive factor as Trinity were left scoreless in the second half.

It had been a Grand Final of extraordinary pressure and tension. Of fierce tackling and relentless pursuit. Of single-minded commitment for the ball, and for the opponent when they had the ball. From both sides. And so it would be. Woolwich etched their names in history on 17th June 2010, MCCS AFL Champions (Intermediates) for the second year running. Woolwich 4 – 2 – 26 d Trinity 1 – 2 – 8.

The grand final victory was testament to the hunger and professionalism of the Woolwich girls.

The intermediate team: Celine Basha, Alisha Bass, Hollie Brodie, Georgia Butt, Carla Canini, Viviana Cimilo, Elisha Coster, Bryony Gilmore, Lauren Grounds, Katie Haddad, Katie Howard, Antoinette Moliterno, Maddy Paslis, Nicole Ransom, Carly Ussher.

The Junior team started the competition with a convincing 72-1 win against Trinity College.

A bye and then a loss 21-46 against McAuley and then two wash out games, contributed to a low team morale. Drastic action was needed to lift the girls’ spirits to get ready for the semi finals and hopefully the finals. A structured lunch time training session with team building activities had the girls ready and focused on winning the championship.

A great win against Rosebank 17-8 in the semi final put us in the finals to play McAuley again. The girls were determined to win this time and with a fantastic effort by all girls a score of 30-16 secured the championship.

Well done girls, we are so proud of you.

The junior team: Francine Crimmins, Louisa Dimarco, Ashleigh Travers, Kate Mateffy, Jessica Plug, Lauren Briscoe, Antonia Minutolo, Danielle Genua, Valentina Indorino, Lorena Caruso, Tayla Giardina, Sachi Kayama, Victoria Cooper, Jessica Munce, Gabrielle Housego.
**改善你的科学证书技能**

Mrs Marshall’s last lunchtime lesson for Term 2 for Year 10 girls hoping to improve on the skills needed for success in School Certificate Science is Wednesday 23rd June. Class will be held in 313. Please be prompt, bring your lunch and your thinking caps!!

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**會計日 週日 30TH JUNE**

**這天是強迫的 每個女孩**

$5 支付到 House Coordinators 日期到 23RD JUNE

请阅读这个新闻信件附带的信件。

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### 年10岁女孩和家长

- 校长的奖项
- **RCIA**
  - 总统的邀请
  - RCIA
  - 主教的邀请
  - RCIA

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**RCIA**

*The Rite of Initiation of Adults*

如果您或您认识的人有兴趣在探索天主教会的过程中成为一名天主教信徒，欢迎您来参加我们于6月23日星期六在St Charles Borromeo学校图书馆举行的教理问答日。如需更多信息，请联系教区办公室9807 2966。

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**健康的孩子，健康的家庭，健康筹款**

Would you like to support Aussie Farmers和学校？

一位慷慨的赞助商在Trivia Night活动中，Aussie Farmers Direct将提供新鲜农产品，每花费一美元，学校将获得现金回扣！！

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**DUTY GIRL ROSTER**

*Commencing Monday 21ST June 2010*

<table>
<thead>
<tr>
<th>Monday</th>
<th>Eloise Vass and Jacinta Birbara</th>
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</thead>
<tbody>
<tr>
<td>Tuesday</td>
<td>Melissa Orlandi and Xanthe Bracewell</td>
</tr>
<tr>
<td>Wednesday</td>
<td>Georgia Wade and Kea Browning</td>
</tr>
<tr>
<td>Thursday</td>
<td>Madeleine Watt and Tiarne Bucciarelli</td>
</tr>
<tr>
<td>Friday</td>
<td>Clementine Wilkie and Nicole Bugeja</td>
</tr>
</tbody>
</table>

Girls report to Reception by 8:50 am
**Sailing News**

**Year 7 College Championship**

**Tuesday 29th June**

Race 1 to start 10am (approx) depending on the wind.

Entries to date:

1. I.Shields and A.Ford
2. B.Rodgers and E.Wallace
4. T.Cameron
5. Y.Laferla and H.Mavin
6. K.Johnson-Wintour and T.Lynch
7. Z.Fierro and I.Moloney

Parents are welcome to watch the race from the College wharf between 10am and 2pm.

Year 7 girls are reminded that there are only two Saturdays and one Thursday to practise.

Last night the Tri Series sailing team celebrated their outstanding success in February and March, winning the Sydney All Schools Tri Series 2010 in both Laser Radials Chaser 4.7s divisions, with a dinner at Chelso Italian Restaurant Hunters Hill.

Team: E.Sloane, A.Sunderland, A.South, S.McLaren and E.Wohlfel (Radials) C.Tames, L.McLaren, A.Wang and H.Chow (4.7s)

*Sailing this Saturday, 19th June, 10am-2pm:* Remember to bring your sunscreen, sailing gear, swimmers, shorts, t-shirt or rashy, old sneakers, warm change of clothes (with the cooler weather it is important to have a warm change of clothes), lunch or something to BBQ and $15.00.

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**THIS WEEK’S SPORT RESULTS**

**MSSC Hockey**

Semi Final MSCW v McAuley 0-2 lost

**MSSC AFL**

MSCW Juniors v Trinity 30-16 win
MSCW Intermediate 4 – 2 – 26 v Trinity 1 – 2 – 8 win

**MSSC Netball**

All MSCW teams won

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**MENTAL HEALTH**

It’s your business

A PRESENTATION ON MENTAL HEALTH ISSUES AND HOW IT AFFECTS OUR COMMUNITY

Speaker: Andrew Mitchell
Senior Manager for the Division of Mental Health, Counselling and Employment, Wesley Mission

SUNDAY 27TH JUNE 2010 11:15 am to 12:30 pm
HOLY NAME OF MARY CATHOLIC CHURCH
3A MARY STREET, HUNTERS HILL
villamar@bigpond.net.au 9817-5325
Essential Secondary Science Assessment (ESSA) Test
For Year 8 Students

Dear Parent or Carer

The Essential Secondary Science Assessment (ESSA) test for Year 8 students will be held on Tuesday 23rd November 2010. The test takes approximately 80 minutes. It contains multiple choice, short response and extended response tasks.

The ESSA test is a diagnostic test that will provide information about what students know and can do in science. Tasks in the test are framed on Stage 4 outcomes and essential content in the NSW Science Years 7-10 Syllabus. Students can bring home the test stimulus magazine to discuss with you after the test.

Students will be tested on their:
- knowledge and understanding of science
- understanding and skills in the process of scientific investigation
- ability to evaluate evidence, make judgements and think critically
- ability to access information and communicate scientific ideas.

Students also complete a survey about their opinions, attitudes and values.

For the test, students are asked to provide their name, gender and age. They are requested to provide information as to whether they are from a language background other than English and whether or not they are Aboriginal or Torres Strait Islander. This information is treated confidentially and held securely to ensure that the right to privacy of all students is maintained.

If your child has a disability that needs special consideration or has been educated in English for less than one year, please contact your child’s school to discuss special provisions or possible exemption from the test.

Results of the test will be available during Term 1 2011. A personal report prepared for each student will describe the science knowledge and skills demonstrated by the student in the test. There will also be information about how the student’s results compare with overall performance of all students in the test. You will be invited to complete a parent survey about the test and science learning.

Mr Crowfield (Science Coordinator) is able to provide you will more details about the ESSA program if you require additional information.

Yours faithfully
Grahame Crowfield, Science Coordinator

For Lothar Bujtor
A/Manager, Contracts Development and Test Administration
Educational Measurement and School Accountability Directorate
OPENING NIGHT EXTRA VAGANSA!